

PocketChangeGourmet.com January 2017 Menu Plan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Chicken Noodle Soup and Soup Toppings	2 Chicken Divan Casserole	3 Slow Cooker Beef Roast , Potatoes and Carrots	4 Classic Spaghetti and Meatballs , Salad, Garlic Bread	5 Pretzel Crust Pizza	6 Ultimate Fried Egg Sandwiches and Fruit Salad	7 Broccoli & Cheddar Soup
8 Shredded Beef Lettuce Wraps and Rice	9 Meatball Stew	10 Tuna Macaroni Casserole and Applesauce	11 Honey Hoisin Chicken Sandwiches , Potatoes and Green Beans	12 Healthy Taco Salad	13 Oven Roasted Turkey Breast , Broccoli Grape Salad	14 Slow Cooker Enchiladas
15 Homemade Beef and Barley Soup	16 Bacon Cheeseburger Casserole	17 Pulled Pork Sandwiches with Root Beer Barbecue Sauce , Oven Fries	18 Creamy Turkey Pot Pies	19 Make Ahead Sloppy Joes , Chips and Dip	20 Breakfast for Dinner – Ham & Egg Casserole and Fruit Smoothies	21 Slow Cooker Taco Filling in taco bowls
22 One Dish Chili Mac Recipe	23 Easy French Dip Sandwiches and Oven Fries	24 Slow Cooker Teriyaki Wings and Rice	25 Appetizers and Baked Potato Bar	26 Ham and Broccoli Quiche	27 Cheesy Scalloped Potatoes and Ham , Salad	28 Slow Cooker Beef and Noodles , Salad
29 Oven Baked Hamburger Steaks	30 Homemade Pizza Pockets	31 Classic Lasagna , Salad and Garlic Bread			Desserts: Peanut Butter Oatmeal Cookies Brownies on a Stick	Banana Walnut Quick Bread Simple Berry Cobbler