

October 2014 Monthly Meal Plan from Pocket Change Gourmet

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1 Taco Ring	2 Tuna Macaroni Casserole	3 Chicken Pot Pies And Salad	4 Pork Fried Rice And Egg Rolls	
	5 Lasagna , Salad And Garlic Bread	6 Stir-Fry Beef Lo Mein with Brown Rice	7 Copycat Chick-Fil-A Sandwiches and Oven Fries	8 Mexican Macaroni and Cheese with Salad	9 Breakfast for Dinner Old Fashioned Homemade Pancakes	10 Shanghai Wings with Steamed Vegetables	11 Homemade Pizza Pockets
	12 Classic Spaghetti and Meatballs , Salad and Cheesy Garlic Bread	13 Honey Hoisin Chicken in Slow Cooker , Rice and Salad	14 Chicken N' Noodles , Mashed Potatoes, Green Beans	15 Grilled Steakhouse Chicken Sandwiches , Potato Salad	16 Bacon Ranch Chicken Strips	17 Make Ahead Sloppy Joes and Pasta Salad	18 Pepperoni Pizza Ring
	19 Slow Cooker Rotisserie Chicken , Baked Potatoes and Salad	20 Easy Chicken Quesadillas	21 Bacon Cheeseburger Casserole and Salad	22 French Toast Egg-in-a-hole and Fruit Smoothies	23 Wet Bean Burritos , Chips and Salsa	24 Chili and Corn Bread	25 Appetizers and Baked Potato Bar
	26 Stuffed Meatloaf , Mashed Potatoes and Green Beans	27 Meatloaf Sandwich	28 Pulled Pork with Rootbeer Sauce and Salad	29 Beefy Noodle Casserole and Salad	30 Taco Bar with Homemade Queso Cheese Dip	31 HAPPY HALLOWEEN! Frightfully Fun Dinner	Desserts Caramel Apple Nut Bars Pumpkin Bread Apple Crisp Candy Corn Cupcakes