

SEPTEMBER 2016- Monthly Menu Plan from PocketChangeGourmet.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 – Beef Roast , Carrots and Potatoes	2 – Fiesta Skillet Dinner and Salad	3 – Spaghetti and Meatballs , Garlic Bread and Salad
4 – Ultimate Royal Burger and Crispy Potatoes	5 – Labor Day Cookout	6 – Tuna Macaroni Casserole and Salad	7 – Quick and Easy Cheesy Chicken Enchiladas , Chips and Pico de Gallo	8 – Baked Ziti, Garlic Bread , Salad	9 – Chicken Philly Sandwiches and Broccoli Grape Salad	10 – Shrimp Scampi with Linguine
11 – Naked Wings , Potato Skins , Roasted Corn Salsa	12 – Breakfast for Dinner – Blueberry Pancakes , Fried Potatoes and Fruit	13 – Slow Cooker Rotisserie Chicken , Potatoes and Green Beans	14 – Taco Soup	15 – Slow Cooker Beef and Noodles	16 – Chicken Strips with White Barbecue Sauce and Oven Fries	17 – Four Cheddar Garden Burgers , Fried Zucchini Sticks
18 – Homemade Pizza Pockets and Salad	19 – Baked Potato Bar and Open Face Ham Sandwiches	20 – Honey Ginger Glazed Chicken and Rice	21 – Mini Taco Cups , Rice and Refried Beans	22 – Cheesy Chicken Divan Casserole , Salad and Rolls	23 – Pulled Pork Sandwiches with Root Beer Barbecue Sauce and Salad	24 – Steak Dinner , Baked Potatoes and Salad
25 – Meatloaf , Mashed Potatoes and Corn	26 – Breakfast for Dinner - Oatmeal Buttermilk Pancakes and Fruit Smoothies	27 – Cheeseburger Sliders , Fresh Corn on the Cob, Green Beans	28 – Grilled Chicken Fajitas and Rice	29 – Easy French Dip Sandwiches and Tomato Salad	30 – Pizza Casserole	Desserts: Apple Bread Easy Fried Pies Sweet Cream Banana Tartlets Homemade Apple Crisp