

January 2015 Monthly Meal Plan From Pocket Change Gourmet

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <i>HAPPY NEW YEAR - Chicken Noodle Soup and Soup Toppings</i>	2 Ham and Broccoli Quiche	3 Slow Cooker Beef Roast , Potatoes and Carrots
4 Classic Spaghetti and Meatballs , Salad, Garlic Bread	5 Chicken Nuggets and Oven Fries	6 Ultimate Fried Egg Sandwiches and Fruit Salad	7 Taco Ring , Chips and Salsa	8 Shredded Beef Lettuce Wraps and Rice	9 Meatball Stew	10 Bacon Ranch Chicken Strips , Loaded Baked Potato Skins
11 Honey Hoisin Chicken Sandwiches , Potatoes and Green Beans	12 Healthy Taco Salad	13 Individual Chicken Pot Pies , Mashed Potatoes and Applesauce	14 Slow Cooker Enchiladas	15 Homemade Beef and Barley Soup	16 Bacon Cheeseburger Casserole	17 Pulled Pork Sandwiches with Root Beer Barbecue Sauce , Oven Fries
18 Oven Roasted Turkey Breast , Broccoli Grape Salad	19 Make Ahead Sloppy Joes , Chips and Dip	20 Breakfast for Dinner – Ham & Egg Casserole and Fruit Smoothies	21 Broccoli & Cheddar Soup	22 Cheesy Chicken Enchiladas	23 Easy French Dip Sandwiches and Oven Fries	24 Slow Cooker Teriyaki Wings and Rice
25 Appetizers and Baked Potato Bar	26 Chicken Divan Casserole	27 Cheesy Scalloped Potatoes and Ham , Salad	28 Slow Cooker Beef and Noodles , Salad	29 Chicken Fajitas , Chips and Salsa	30 Asian Pineapple Chicken and Rice	31 Classic Lasagna , Salad and Garlic Bread