

October 2013 Monthly Menu Plan

from PocketChangeGourmet.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
		*Tuna Macaroni Casserole	*Taco Ring	*Chicken Pot Pies *Salad	*Pork Fried Rice *Egg Rolls	*Copycat Chick-fil-A Sandwiches *Oven Fries
6	7	8	9	10	11	12
*Lasagna *Salad *Garlic Bread	*Open Faced Grilled Cheese Sandwich *Soup	Breakfast for Dinner: *Old Fashioned Homemade Pancakes	*Mexican Macaroni and Cheese *Salad	*Classic Spaghetti and Meatballs, *Salad *Cheesy Garlic Bread	*Homemade Pizza Pockets	*Shanghai Wings *Steamed Vegetables
13	14	15	16	17	18	19
*Slow Cooker Rotisserie Chicken *Baked Potatoes *Salad	*Chicken N' Noodles *Mashed Potatoes *Green Beans	*Easy French Dip Sandwiches *Oven Fries	*Bacon Ranch Chicken Strips	*Make Ahead Sloppy Joes *Pasta Salad	*Pepperoni Pizza Ring	*Honey Hoisin Chicken in Slow Cooker *Rice *Salad
20	21	22	23	24	25	26
*Stuffed Meatloaf *Baked Potato Bar	*Bacon Cheeseburger Casserole *Salad	*French Toast Egg-in-a-hole *Fruit Smoothies	*Wet Bean Burritos *Chips and Salsa	*Meatloaf Sandwich	*Appetizers *Baked Potato Bar	*Easy Chicken Quesadillas
27	28	29	30	31		
*Chili *Corn Bread	*Pulled Pork with Rootbeer Sauce *Oven Fries	*Beefy Noodle Casserole *Salad	*Taco Bar *Homemade Queso Cheese Dip	*Happy Halloween! *Cook up a frightfully fun dinner!	Dessert Options: *Caramel Apple Nut Bars *Pumpkin Bread	*Mom's Homemade Apple Crisp *Candy Corn Cupcakes on a Stick